



EARLY CHILDHOOD  
BEHAVIORAL HEALTH WORKING  
GROUP MEMBER PROFILES  
APRIL 2021



Compiled by DBH School Behavioral Health Interns, Shamia Irving and Cynthia Uchendu.

*There are some member agencies listed here that have many points of access across the District of Columbia. Please check their website for additional service locations and information on services provided. Profiles are based on information submitted by agencies and information collected from agency websites.*



### **Children's National Hospital**

As the nation's children's hospital, the mission of Children's National is to excel in Care, Advocacy, Research and Education. We accomplish this through:

- Providing a quality health care experience for our patients and families
- Improving health outcomes for children regionally, nationally, and internationally
- Leading the creation of innovative solutions to pediatric health challenges

**Population Serves:** birth to age 18; some clinics also see young adults

**Program Setting:** Hospital, outpatient clinics

**Services Provided:** We provide nationally-ranked pediatric care to children in the District of Columbia, Maryland and Virginia. Our providers practice at our main hospital and 50+ locations, including both primary and specialty care. More information about our services is available in our [Bear Facts brochure](#).

**Behavioral Health Services provided for Early Childhood Population:** Evaluation, assessment, treatment (therapy, including PCIT, CPP, and behavioral therapy), and medication management

**Access To Services:** Referrals from (Primary Care Physicians), other providers, self-referred families

**Contact Us:** <https://childrensnational.org/> or 1-888-884-BEAR (2327)

### **Site Locations/Services Offered for Early Childhood Behavioral Health:**

- **Main Hospital** (111 Michigan Ave NW, Washington, DC 20010): Psychology, Psychiatry, Primary Care Psychology, Healthy Generations, Child Development Program, Neuropsychology
  - **Anacostia** (2101 Martin Luther King, Jr. Ave SE, Washington, DC 20020): HealthySteps, Primary Care Psychology, Healthy Generations
  - **THEARC** (1801 Mississippi Ave SE, Washington, DC 20020): HealthySteps, Primary Care Psychology, Healthy Generations
  - **Takoma Theatre** (6833 4th St. NW, Washington, DC 20012): Psychology, Psychiatry, Child Development Program, Neuropsychology
  - **Friendship Heights** (5028 Wisconsin Ave NW, Suites 250 & 310, Washington, DC, 20016): Psychology, Neuropsychology
  - **Columbia Heights** (3336 14th St NW, Washington, DC 20010): Primary Care Psychology, Healthy Generations
  - **Foggy Bottom** (CNPA, 2021 K Street NW, Suite 800, Washington, DC 20006): Primary Care Psychology
  - **Shepherd Park** (coming soon, 7125 13th Place NW, Washington, DC 20012): Primary Care Psychology
  - **Shaw Metro** (coming soon, 614 S Street NW, Washington, DC 20001): Primary Care Psychology
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# MedStar Health

## MedStar Georgetown

### University Hospital

#### MedStar Georgetown University Hospital

To provide physical and spiritual comfort to our patients and families in the Jesuit tradition of *cura personalis*, caring for the whole person

#### Population Serves:

- Pregnant mothers/perinatal mental health (two-generation approaches)
- Birth to age 3 (infants and toddlers)
- Age 3 to 5 (preschool)
- Age 5 to 8 (early learning transition, K-2)
- Caregivers
- Family Engagement

#### Program Setting:

- Traditional schools (e.g., DCPS or DCPCS)
- Behavioral Health CBOs
- Outpatient behavioral health clinic, not CBO
- Public Housing (Potomac Gardens)

#### Services Provided:

- Advocacy
- Connecting families with resources (through Total Family Care Coalition)
- Parenting groups

#### Behavioral Health Services provided for Early Childhood Population:

- Perinatal mental health
- Parent-Child Interaction Therapy (PCIT)
- Child-Parent Psychotherapy (CPP)
- Circle of Security Parenting
- Mindful Parenting
- Couples therapy/Family therapy
- Play therapy
- Parent Management Training
- ASD evaluations
- Evaluation and assessment

**Access To Services:** Referrals from behavioral health providers, schools, or medical providers, Partnerships with Child Development Centers

**Site Locations:** Opening a new site: House of Ruth in Ward 7

**Contact Us:** [www.ecin.org](http://www.ecin.org)

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### **AppleTree Early Learning PCS**

Our mission is to close the achievement gap before students get to kindergarten by providing three- and four-year-olds with the social, emotional, and cognitive foundations that enable them to thrive in school. Founded in 1996, AppleTree is a non-profit organization consisting of a research and development institute and a public charter preschool with campuses across Washington, DC.

**Population Serves:** Ages 3-5 (Preschool)

#### **Program Setting:**

- Pre-School
- Traditional schools (e.g., DCPS or DCPCS)
- Mental health consultation in classrooms

**Services Provided:** Mental Health consultation in classrooms.

#### **Behavioral Health Services provided for Early Childhood Population:**

- Play therapy, evaluation and assessment
- Early childhood mental health consultation
- Social skills instruction and coaching
- CBT for preschool

**Access To Services:** We have in-house social workers and early childhood mental health consultants. We also partner with Medstar Georgetown to provide tiered mental health services for families (adults and children)

#### **Site Locations: (As indicated on Google)**

- Central Office 1801 Mississippi Ave SE 3<sup>RD</sup> Floor
- 488 Virginia Ave SW
- 2017 Savannah Terrace SE #2127
- 2750 14<sup>th</sup> St NW #6909
- 330 21<sup>st</sup> St NE
- 138 12<sup>TH</sup> St NE #6471
- 680 I St SW

**Contact Us:** <https://www.appletreeinstitute.org/>

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### **Mary's Center**

Mary's Center embraces all communities and provides high-quality healthcare, education, and social services to build better futures.

#### **Population Serves:**

- Pregnant mothers/perinatal mental health (two-generation approaches)
- Birth to age 3 (infants and toddlers)
- Age 3 to 4 (preschool)
- Age 5 to 6 (early learning transition, K-1)
- Family Engagement

#### **Program Setting:**

- Traditional schools (e.g., DCPS or DCPCS)
- Mental health consultation in classrooms
- Behavioral Health CBOs
- Outpatient behavioral health clinic, not CBO

**Services Provided:** We are an FQHC (Federally Qualified Health Center) and provide medical, dental, behavioral health, social services, and education to the community.

**Behavioral Health Services provided for Early Childhood Population:** Perinatal mental health, Play therapy, Attachment Biobehavioral Catch-up for infants (ABC-I), Child-Parent Psychotherapy (CPP), Theraplay, Parent-Child Interaction Therapy (PCIT), Parent-Child Interaction Therapy for Toddlers (PCIT-T), Circle of Security Parenting Group (COSP), Emotion-Focused Family Therapy Caregiving Group, Reflective Parenting Group, Biopsychosocial Assessment

**Access To Services:** Referrals from behavioral health providers, schools, or medical providers, Contractual agreement with a DC government agency. Referral form:

[https://maryscenter.formstack.com/forms/early\\_childhood\\_referral\\_form](https://maryscenter.formstack.com/forms/early_childhood_referral_form)

#### **Site Locations:**

- 2333 Ontario Rd NW Washington, DC 20009
- 3912 Georgia Ave NW Washington, DC 20011
- 100 Gallatin St NE Washington, DC 20011

**Contact Us:** [www.maryscenter.org](http://www.maryscenter.org) ; <https://www.maryscenter.org/behavioral-health/children-and-teens/early-childhood-behavioral-health/>

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### **Department of Behavioral Health/Healthy Futures**

Healthy Futures is an Infant and Early Childhood Mental Health Consultation program which is a problem-solving and capacity-building, prevention-based, multi-level service in which mental health professionals partner with families, child development center staff, and Home providers to promote healthy social-emotional development.

#### **Population Serves:**

- Birth to age 3 (infants and toddlers)
- Age 3 to 5 (preschool)

**Program Setting:** Healthy Futures serves child development centers in every ward in the district and is currently expanding to include all child development centers that have children birth to three and accept subsidy.

#### **Services Provided:**

- Mental health consultation
- Self-Care and mindfulness
- Trauma Informed Care practices
- Parent Café
- Positive behavior management skills
- Child specific observations and assessments

**Behavioral Health Services provided for Early Childhood Population:** Early childhood mental health consultation

**Access To Services:** Partnerships with Child Development Centers

**Contact Us:** <https://dbh.dc.gov/>

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**Department of Behavioral Health/P.I.E.C.E Program**

The Parent Infant Early Childhood Enhancement program's mission is to provide culturally competent community-based mental health services to infants, toddlers, preschool, and school-age children. Their goal is to encourage optimal health and wellness by intervening early.

**Population Serves:** Birth to age 8

**Program Setting:** Office, Schools, Homes

**Services Provided:**

- Family-focused behavior management
- Counseling and therapeutic support to caregivers and family members

**Behavioral Health Services provided for Early Childhood Population:**

- PCIT, CPP, Individual Psychotherapy, CAFAS/PECFAS Assessment Scales, Family Therapy, Art/Play Therapy, Crisis Intervention, Developmental Screenings, Home visits
- Medication Management
- Referral, Linkage, and Follow-Up
- Consultation to Schools, Daycare, Department of Health (DOH) and Child Family Services Administration (CFSA)

**Access To Services:** Referrals from schools or Medical providers and other partners

**Site Location:** 821 Howard Road South East Washington, D.C. 20020    **Contact Us:** <https://dbh.dc.gov/>

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### **Early Childhood Innovation Network**

To provide support to families and children

**Population Serves:** Prenatal to 5

**Program Setting:**

- Mental Health Consultations in Classrooms
- Early Childhood Sector
- Pediatric Primary Care

**Services Provided:**

- Integrative care in pediatric primary care system (HealthySteps, DC)
- Mindful Parenting Innovation
- Teacher Wellness
- Parent Café
- Early Childhood Education (ECE) Workforce Development
- Parent/Community Engagement
- Health Policy

**Behavioral Health Services provided for Early Childhood Population:**

- Perinatal Mental Health
- Early Childhood Mental Health Consultation
- Policy
- Advocacy
- Two-generation mental health services (i.e. Child Parent Psychotherapy, Strengthening Families Coping Resources, psychotherapy for parents and medication management)

**Access To Services:** Partnerships

Partnerships: Children’s National, Children’s Law Center, Far Southeast Family Strengthening Collaborative, Parent Watch, Total Family Care Coalition, Health Alliance Network, Spaces in Action, The George Washington University, Georgetown for Child and Human Development, MedStar Georgetown University Hospital

**Site Location:** Children’s National Health Center – Anacostia & TheArc (HealthySteps, DC), Appletree Schools, Educare, House of Ruth, Bright Beginnings

**Contact Us:** <https://www.ecin.org>

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**Briya Public Charter School (PCS)**

Briya Public Charter School educates adults and young children in Washington, DC.

**Population Serves:** Prenatal to 5

**Program Setting:**

- Traditional Schools

**Services Provided:**

- Full Day PK
- Adult Education (ESL, digital literacy, child development classes, and workforce programs such as MA and CDA)
- Full wraparound services in partnership with Mary's Center (health care, social services)

**Behavioral Health Services provided for Early Childhood Population:**

- Play Therapy
- PCIT
- Evaluation & Assessment

**Access To Services:**

- Referrals from Behavioral Health Providers, Schools, or Medical Providers

**Contact Us:** [www.briyapcs.org](http://www.briyapcs.org)

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