

Mental Health First Aid USA



MENTAL
HEALTH
FIRST AID®

Instructor Certificate

Chioma Oruh, Ph.D.

has completed the 32 hour

Adult Mental Health First Aid USA Instructor Course

And is now qualified to teach the 8-hour Adult Mental Health First Aid course.
This course teaches skills for providing initial help to people experiencing mental health problems such as depression, anxiety disorders, psychosis and substance use disorders.

4/21/2018

Date

Vice President for Public Education & Strategic Initiatives
National Council for Behavioral Health

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH
STATE ASSOCIATIONS OF ADDICTION SERVICES
Stronger Together.

National Council for Behavioral Health operates Mental Health First Aid in the USA. The National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health founded Mental Health First Aid USA.